LDL

Limerick District League

FAI FIRST AID

COURSE GUIDE

Online learning and Basic First Aid certification

Information for coaches, officials and volunteers

FAI First Aid - How to Complete the Course

About the course

The FAI First Aid course is completed online through the Me & My Learning platform. Participants work through learning modules and complete knowledge checks throughout the course.

1. Open the course booking page

View FAI First Aid Course

Sign in to your MyCOMET account. Check the course details, availability and any fee before booking.

2. Follow the joining instructions

After booking, follow the instructions provided to access Me & My Learning. Keep your booking confirmation and any course emails.

3. Complete the online learning

Work through all required modules and complete the knowledge checks. Follow any completion requirements and deadlines given by the course provider.

4. Receive your certificate

On successful completion, participants receive a Basic First Aid Certificate. Follow the provider's instructions to access it and retain a copy for your records.

Keep your club informed

Provide a copy to your club secretary if required. Check your certificate and the current course guidance for any renewal or refresher requirements.

Need help?

Contact your club secretary or the course contact shown on the booking page if you have difficulty registering or accessing the learning platform.